



CHARLOTTE TAEKWONDO AMERICA



June - August 2010

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Congratulations!

Mr. Anselmo and Ms. Sommer have successfully completed the requirements to become Jr. Certified Instructors. Their responsibilities in the school increase as I rely on them more and more. They have both worked very hard to achieve this status and are commended for their work.



One of the biggest benefits of Jr. / Sr. Instructor Status:
Tournaments at NO CHARGE!



We have room for you to be part of our fraternity of instructors. If you are a 1st degree black belt or higher, you can be an instructor, too. See Mr. Wilson for the requirements.

Workout in Concord

We will be having our Regional Workout in the Concord school Saturday morning, June 26th. Kids will work out starting at 10:00 am and adults will work out starting at 11:00 am. We will have lunch afterwards for anyone who is interested in joining us.

The schools in Lake Norman, Charlotte, Shelby, Greensboro, Mount Pleasant, and Winston Salem are all invited to this workout. It is a great opportunity to workout with a variety of other martial artists from around the state. Directions (and limited transportation) are available. See Mr. Wilson for details!



Bowling 'n Baseball



Charlotte Knights Baseball

When: Saturday, June 26
Time: 7:15 PM
Cost: \$10

INCLUDES:

Admission
Hot Dog, Soda, Popcorn
Fireworks after game

Sign up in Lobby.
Parental supervision required!

Boys Vs. Girls Bowling

When: Wednesday, July 7th
Time: 10:30 AM
Cost: \$11

INCLUDES:

2 hours of bowling
Shoe Rental
Pizza Slice and Soda

Sign up in Lobby.
Drop off and Pick up allowed.

Class in the grass

We're going back to the Sardis Park on July 31st!

Sardis Park has shade, picnic tables, and playground equipment for the kids. We'll have our WORKOUT from 8:30 - 9:15 (beat the heat). Then we'll have our WATER WAR! Bring your water gun or water balloons (and a dry t-shirt to change into).

PICNIC afterwards. Sign up in the lobby and bring something to share. We'll be back home napping by noon!

NO UNIFORMS REQUIRED!!!





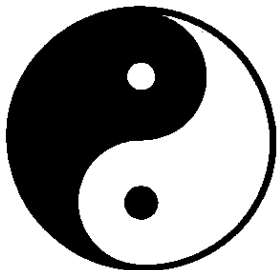
Regional tournament in Blacksburg, VA



You can compete in a taekwondo tournament!

When: July 17th
Where: Kipps High School, Blacksburg, VA
Open to: All White belts and up (Dragons, too!)
Cost: \$60 (Total) for Forms and Sparring Competition
Discount: Third and additional family members 1/2 price
Sign up forms are available on the counter.

SUN- DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	June 14	15 	16	17 	18 Regular Schedule resumes	19
20	21	22 Noon Kids Class!	23	24 FORMS NIGHT	25	26 Wkout In Concord <hr/> Knights Ball Game
27	28 FIGHT NIGHT!!!	29 Noon Kids Class!	30	July 1	2	3 <u>NO CLASSES</u>
4 Independ- ence Day	5	6 Noon Kids Class!	7 <u>Bowling Day!</u> Sign up in Lobby	8	9	10
11	12	13 Noon Kids Class!	14	15	16 Regional Tournament Roanoke, VA	17 Regional Tournament Roanoke, VA
18	19	20 Noon Kids Class!	21	22	23	24
25	26	27 Noon Kids Class!	28	29	30	31 <u>No class at TKDA</u> <u>Class in the Grass</u> Sardis Park 8:30 am
August 1	2	3 Noon Kids Class!	4 Last Day to Register for Testing	5	6	7 TESTING
8	9 NO CLASSES	10 No 12:00 or 1:00 class ALL KIDS - 5:30 ALL ADULTS - 6:30	11 ALL KIDS - 5:30 ALL ADULTS - 6:30	12  AWARDS CEREMONY 6:30 PM	13 Regular Classes Resume	14
15	16	17 No more noon classes for kids	18	19	20	21



UPCOMING EVENTS:

- Regional Tournament - Roanoke, Va July 17
- September National Tournament - Ft. Mitchell, KY on 9-17 & 9-18

