



# CHARLOTTE TAEKWONDO AMERICA



October - December 2010

www.TKD-NC.com

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## NEXT TESTING

December 4

White - Senior Orange Belt Juniors. - 9:00 am

Green Belt and Above Juniors. - 10:15 am

All Adults - 12:00 pm

Register by December 1st.

White - Sr. Red Belts - \$50      Black Belts - \$95

## Winter Training Camp

Fall is here and it marks the time for our Annual Regional Camp. This year's Camp will be held **November 12th-14th**, at YMCA Camp Hanes, in King, NC. This three-day camp is an excellent opportunity for students to experience some of the best training by the most talented martial artists in the area.

The camp is available to orange belts and above who feel comfortable spending two nights away from home. **The fee is \$170 per camper.** *Fee includes meals, activities, lodging, camp t-shirt, weapon, vast martial arts training, and FUN.*

Registration for campers will need to be turned in by October 30th to receive a t-shirt. **Students will agree this is one of the most exciting events of the year - our school has a blast at camp. Whether you have attended camp before or have never been, this is one event where you are certain to have a weekend full of fun and training.**

## INFORMATION FOR YOU!!!

We have tools in place that will help you get the most out of your taekwondo training.

Our **website** ([www.TKD-NC.com](http://www.TKD-NC.com)) is great for keeping up to date on school events, openings or closings, class schedules, and even photos and videos.

**Student Manuals** are great for learning about the history of taekwondo, reading about Patterns, One Steps, testings, tournaments, ... Even learning how to tie your belt!!!

**Forms DVDs** are available to help learn the techniques that are introduced at each new belt as well as to practice all of the patterns from White Belt through 2nd Degree Senior Black Belt.

## Bring a Buddy Week

October 18th - 23rd will be the Bring A Buddy Week. Give them one of your Buddy Passes and invite them to come to class with you that week. You know how much taekwondo has done for you. Share that with someone else. If they sign up during their free week, they will get a free t-shirt. Start encouraging them now! If you need more Buddy Passes, see any of the instructors.

## E-mail Notification

If you are not currently receiving email updates, please see Mr. Wilson. Your email address is never viewable by anyone else and you will be able to be kept up to date on all of the "goings on" here at the school. (You can sign yourself up. Visit [www.TKD-NC.com](http://www.TKD-NC.com) to see how.)

## FOCUS PADS



Each student should have his own focus pad to bring to class with himself. Focus pads allow students the opportunity to practice at home as well as do drills here at the school. Focus pads are \$22 plus tax.

Students should keep their focus pads in their gear bag and avoid leaving them here in the school. Parents are encouraged to write the student's name on his target.



## HALLOWEEN PARTY!!!

Friday night, October 29th will be our Halloween Party. Children are asked to bring in a bag of candy one day during the week to be split up into treat bags for the kids to take home. **We will classes that day!!! Kids can wear their costumes to class. See calendar for times!**

SUN- DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	October 4	5 	6	7 	8 Regular Classes Resume	9
10	11	12	13	14	15 <b>FIGHT NIGHT</b>	16
17	18	19	20	21 <b>FORMS NIGHT</b>	22	23
24	25	26	27	28	29 Dragons - 4:30 Family Class - 5:30 Halloween Party - 6:30	30 <b><u>LAST DAY TO REGIS- TER FOR CAMP!</u></b>
31 Brush your teeth!	November 1	2	3	4	5	6
7	8	9	10	11	12 WINTER CAMP	13 WINTER CAMP
14 WINTER CAMP	15	16	17	18	19	20
21	22	23	24	25 Thanksgiving No Classes	26 ALL KIDS - 5:00 ALL ADULTS 6:00	27 Family Class 10:30 am
28	29	30	December 1 LAST DAY TO REGISTER FOR TESTING	2	3	4 TESTING
5	6 NO CLASSES	7 AMENDED SCHEDULE	8 AMENDED SCHEDULE	9 AWARDS CEREMONY 6:30 PM	10 REGULAR CLASSES RESUME	11

## UPCOMING EVENTS:

- Halloween Party October 29th
- Winter Training Camp November 12 - 14
- Promotional Testing December 4th

